

Subglottic Haemangioma

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History, pathology and epidemiology

- •First described by Morell Mackenzie in 1864
- •Caucasian preponderance
- •Twice as common in females ? Hormonal
- •cavernous⇔capillary spectrum



Association of SGH with cutaneous

•50% of patients with SGH

have associated head and neck

cutaneous haemangioma

•? What percentage of those with cutaneous have SGH? (and of those with stridor?)

Site

- Usual site is left lateral subglottis
- why?



Occasionally in glottis and trachea





Presentation

- Presentation peaks at 6 weeks
 ?hormonal
- stridor, "recurrent croup"
- feeding difficulties, FTT
- Unusual; 60 @GOS in 15 years

Diagnosis

• Diagnosis at endoscopy

 Can be biopsied safely as capillary not cavernous haemangioma

Natural History

• Regression

- Cutaneous usually regress by 6-8 years

Subglottic involute sufficiently so that most are asymptomatic by 2-3 years

Management

- Observation
 - 50 70% will need a tracheostomy until about
 18 months
- Medical treatments

≻to avoid tracheostomy

Surgical treatments

Medical management

• Systemic steroids

– Sufficiently high dose (1mg/kg prednisolone) to cause side effects and risks of steroid therapy ? Alternate days

Requires advice and support of paediatric

endocrinologist

Medical management

- Interferon alfa-2a
 - antiviral
 - noted to improve Kaposi's sarcoma in patients with AIDS
 - some promising results over a prolonged period of administration
 - well recognised reversible side effects

Medical management

•Propanolol

-first noted in Bordeaux in patient with obstructive cardiomyopathy and nasal haemangioma – lesion regressed on propanalol



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First GOS patient: SGH,trachy after debulk, July 2008



First GOS patient: endoscopy



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- Tracheostomy
- Laser
- Steroid injection
- Open excision

- Tracheostomy
 - 0-4% mortality
 - social and family issues
 - speech language delay
 - suprastomal collapse

-but

should resolve without stenosis

- Laser
 - $-CO_{2}$
 - precise, shallow penetration
 - KTP
 - absorbed by red haemoglobin pigment
- BOTH HAVE RISK OF STENOSIS AND DO NOT HASTEN DECANNULATION

A review of the current management of infantile subglottic haemangioma, including a comparison of CO(2) laser therapy versus tracheostomy. Bailey, Albert et al 2002



- Open excision
 - Mawson 1961(King's college Hospital)
 - some stenosis
 - Evans 1974 (GOS) combined with LTP
 - Garabedian/Froehlich 1990's
 - submucosal resection combined with grafting to reduce risk of stenosis

Open excision



Endoscopic excision



GOS Experience

Subglottic haemangioma25 cases in last 5 years

Tracheal Haemangioma2 cases

Case LG

- •Systemic Steroids
- •No tracheostomy
- •Quite cushingoid but normal synacten test



Case BT

- •4 steroid injections
- •Required tracheostomy
- •then open resection



Case AB

- •Tracheostomy at 4 months
- •decannulated at 18/12
- •TCF closed at 2 ½ years



Case SA

- 2 x injections
- - failed
- open excision as single stage
- - successful

GOS management

- Small lesions
 - Observe
 - Occasional limited CO₂ laser
 - Short courses of steroids

GOS management

- Large/circumferential lesions
 - Propanalol
 - Primary excision
 - Open
 - Endoscopic
 - Tracheostomy